

SHORT BIO

Kavita Kat Macmillan is a devotional musician and transformational creative guide who brings over 20 years of teaching, sharing kirtan & study of Naad (sound) yoga & Hindustani vocal practice to her classes and offerings. Through her musical offerings & workshops Kavita gently supports students as they let go of patterns that get in the way of artistic expression & singing. Kavita's music presents traditional mantras in original compositions with Western and Indian influences. Kavita facilitates retreats, workshops, private & group classes & at spiritual festivals internationally and is an open, supportive guide for those who wish to explore this path. Her most recent album 'The Beloved Lives Inside' is available streaming worldwide. kavitakatmacmillan.com

LONG BIO

Kavita Kat Macmillan is a devotional musician and transformational creative guide who brings over 20 years of teaching, sharing kirtan & study of Naad (sound) yoga & Hindustani vocal practice to her classes and offerings. Through her musical offerings & workshops Kavita gently supports students as they let go of patterns that get in the way of artistic expression & singing. Kavita's music presents traditional mantras in original compositions with Western and Indian influences. Kavita facilitates at retreats, workshops, private & group classes & spiritual festivals internationally and is an open, supportive guide for those who wish to explore this path.

Introduced to Kirtan while living in New York city and training to teach yoga, Kavita had the good fortune to be in frequent company & practice with great western Kirtan wallahs Krishna Das, Bhagavan Das & Shyam Das. At the same time she was introduced to the path of Indian Classical Music and began to study with grammy-nominated composer Michael Harrison. Deeply moved by this lineage and practice Kavita continued to study extensively in NYC and India with Sri Karunamayee and Ustad Mashkoo Ali Khan. She now studies Hindustani singing with internationally recognized vocalist, composer and performer Warren Senders.

Through her musical offerings, vocal coaching & 'Open your Voice ~ Open your Heart' Kirtan workshops, Kavita guides students in truthful open expression and exploration of voice & movement, connecting deeply with divine spirit. Kavita is known for empowering people to overcome their perceived blocks to sharing and enjoying music through the unfolding of their authentic voice. A generous, nurturing guide with deep roots in practice, Kavita facilitates at retreats, workshops, private & group classes as well as spiritual festivals internationally. Her most recent album 'The Beloved Lives Inside' is now available for streaming worldwide. kavitakatmacmillan.com